

**The CCTP of Southern and Western Wayne County
Summarized by Agustin V. Arbulu
Date: July 4, 2015**

In 2011, The Senior Alliance (an Area Agency on Aging, 1-C grantee in Michigan) and six hospitals formed Community Based Organization 0029 (CBO 0029), the Care Transitions Program of Southern and Western Wayne County (known as CCTP/SWWC) for the purpose of reducing overall, 30 day all cause readmission rates by 20% for patients discharged from the acute setting to home or other care setting.

The six participating hospitals consist of:

- Garden City Hospital
- St. Mary Mercy Hospital Livonia
- Oakwood Hospital (Main)
- Oakwood Heritage Hospital
- Oakwood Southshore Hospital
- Oakwood Annapolis Hospital

All 6 hospitals cover The Senior Alliance geographic area of southern and western Wayne County. In addition, at the time of the announcement of CCTP/SWWC in 2011, three of the hospitals had 30-day readmission rates that were in the top quartile of Michigan and two (2) in the second quartile. The baseline CCTP readmission rate in October 2012 was 23.4%, while the regional readmission rate was 21.6%.

In 2011, CCTP/SWWC was awarded funding by CMS to provide care transition services. The original CCTP Program was a 2-year grant, which ran from May 2012 through April 2014 with a targeted enrollment per month of 408. Subsequently CCTP Program's funding was renewed and extended where today average monthly enrollment exceed 900 plus participants.

The major feature of CCTP/SWWC is to provide coaching services based on the Coleman Care Transitions Intervention Coaching Model to the six hospitals because of its low cost self-management program and a proven method of assisting patients in taking a more active role in their recovery.

Based on following the 4 Pillars of the Coleman Model, CCTP/SWWC provides for one hospital visit (before discharge), one home visit and three follow up phone calls within 30 days of discharge. In addition, CCTP/SWWC offers the following enhancements:

- "Transition Team" Approach
- 7 days of home-delivered meals
- Round trip transportation to first post-discharge physician visit

- Use of TSA coaches to serve as direct links to community based resources

As of July 2014, the 30-day all cause readmission rate had declined to 18.2% for CCTP hospital partners compared to the regional 30 days all cause readmission rate of 22.8%. This represented a decline of 21.88% for CCTP/SWWC. In addition, the regional readmission rate was higher than the average 30 day all cause readmission rate for the CCTP hospital partners.